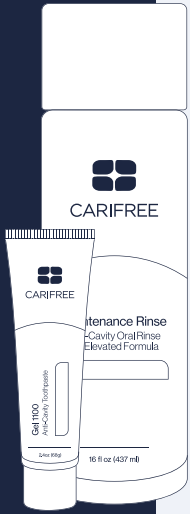


CARIFREE®

Maintenance Kit

Instructions for Use



Perfect for daily use or as the next step after your Treatment Kit, our Maintenance Kit helps keep your smile strong and healthy with nano-hydroxyapatite, elevated pH, and fluoride for lasting strength and protection.

Follow these instructions for best results.

1: Rinse with Maintenance Rinse

- → Use Maintenance Rinse daily until product is gone.
- → Swish 10 mL in mouth for 60 seconds.

2: Brush with Gel 1100

- → Apply a thin ribbon of Gel 1100 and brush once daily in place of your regular toothpaste until product is gone.
- → Avoid eating or drinking for 30 minutes.