

CRA Form Adults and Children 6+

Four-Step Guide to Cavity Prevention

Name _____

Date _____



Risk & Disease Discovery Complete the section below by circling the most appropriate answer for each question.

Risk Factors		YES	NO
PATIENT USE	SALIVA		
	Do you take medications daily? If so, how many?	☐	☐
	Do you feel as though you have a dry mouth at any time of the day or night?	☐	☐
	DIET		
	Do you drink liquids other than water more than 2 times daily between meals?	☐	☐
	Do you snack daily between meals?	☐	☐
CLINICIAN USE ONLY	BIOFILM		
	Do you notice plaque build-up on your teeth between brushings?	☐	☐
	CariScreen reading results:	LOW ☐ (0-1500)	HIGH ☐ (1501-9999)
	Disease Indicators		
	New/Progressing visible cavitations?	☐	☐
	New/Progressing approximal radiographic radioluscencies?	☐	☐
New/Active white spot lesions?	☐	☐	
Is decay history a concern?	☐	☐	



Risk Identification Determine risk based on answers above; one blue response indicates moderate risk, one red response indicates high risk.

Healthy	+ Risk Factors	+ Disease Indicators
☐ Low Risk	☐ Moderate Risk	☐ High Risk
CDT Code D0601	CDT Code D0602	CDT Code D0603

Once risk level diagnosis has been made, refer to next page for treatment options and reassessment protocol.

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Treatment Options

☐ Low Risk	☐ Moderate Risk	☐ High Risk
 Gel 1100 or Pro Gel 5000	 Maintenance Rinse and Pro Gel 5000 (or 3-month Maintenance Kit)	 Treatment Rinse and Pro Gel 5000 (or 3-month Treatment Kit)

Hydration & Daily Support

For patients looking for added hydration throughout the day, consider CariFree Oral Moisturizing Spray, Breath Mints, and Fluoride Free Gel as part of their daily oral care routine.



Reassessment Protocol

High Risk: Reassess every three months until moderate risk.

Moderate Risk: Reassess at every re-care appointment until low risk.

Low Risk: Reassess annually.

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