

## Top Ten Things to Consider When Implementing a Personalized Periodontal Medicine Policy Worksheet

	Assigned To:	Date Due:	Completed:
1. Contact salivary diagnostic testing company and set up account.			
2. Appoint a communication “point” person to assist with periodontal policy execution and implementation steps.			
3. Standardize what criteria you will use to determine what disease is.			
4. Find that first diseased patient and discuss the desire to eliminate their inflammation. You could shorten the recare, enhance the homecare through various methods (power brush, Waterpik, etc.) or discuss the need for testing to assist with further diagnosis. Attempt to do this in the first three days. Provide educational material.			
5. Clarify positions, especially the overall coordinator and who will assist the hygienists.			
6. Standardize probing protocol that fits for your style.			
7. Hold a workshop or team meeting on making an accurate Periodontal Case Type diagnosis. Use the Periodontal Assessment Sheet provided.			
8. Tailor your periodontal treatment protocol. Decide how the SRP will be done and what rinses or adjuncts you will use.			
9. Discuss or hold a meeting on antibiotic usage and probiotic support.			
10. Reinforce probing consistency and that the periodontal chart is the backbone for the assessment and tells the story if there is active or stable disease.			

***To have us help you build your personalized periodontal medicine protocols, please email us at [drdoug@ioralmed.com](mailto:drdoug@ioralmed.com) or join the Wellness Dentistry Network at [www.wellnessdentistrynetwork.com](http://www.wellnessdentistrynetwork.com)***

## **Top Ten Things to Consider When Implementing a Personalized Periodontal Medicine Policy**

1. Contact a salivary diagnostic testing company of your choice and set up an account. Ex- OralDNA, Oravital, Hain Diagnostic, etc.
2. Appoint a communication “point” person to assist with periodontal policy execution and implementation steps. This person will coordinate your disease policies or systems that you use to manage the different disease entities.
3. Standardize what criteria you will use to determine what active periodontal disease is. Tip: You will need to establish what criteria is necessary to begin to act for all other disease entities in the wellness practice. Without clear direction, your team does not know when to act. Begin to share your newly defined concern with your “well” patients. Remember you are no longer just concerned about tooth loss but excess inflammation that can affect overall health. Prepare some literature or reference some that reflects this fact like the Inflammation Syndrome.
4. Find that first diseased patient and discuss the desire to eliminate their inflammation. You could shorten the recare, enhance the homecare through various methods (power brush, Waterpik, etc.) or discuss the need for testing to assist with further diagnosis. Testing allows you to personalize and customize their care. Attempt to do this in the first three days. Provide some type of visual educational material to anyone you have a disease diagnosis or treatment discussion with.
5. Clarify all team positions including who executes each step of the disease policy or system and write it out. Define what you want the overall coordinator to do and what you want the periodontal therapists, assistants, and admin team members to do as it relates to the disease management. Also, it is important to determine who will assist the periodontal therapists with data collection, treatment and disease maintenance.
6. Standardize a probing protocol that fits for your style and stick to it. Remember, the periodontal charting should always accurately reflect the condition of the patient. A patient’s periodontal health cannot be determined visually. A periodontal charting with recession, pocket depth, bleeding, and clinical attachment loss is a minimum.
7. Hold a workshop or team meeting on making an accurate Periodontal Case Type diagnosis. Use the Periodontal Assessment Sheet provided. Reference the Periodontal Case Type exercise if it is available to you. Periodontal Case Typing helps standardize and simplify the language of periodontal disease.
8. Tailor your periodontal treatment protocol. Decide how the SRP will be done and what rinses or adjuncts you will use. Consider all risk modifiers and take advantage to modulate the host immune-inflammatory response if possible.
9. Discuss or hold a meeting on antibiotic usage and probiotic support. Use a probiotic with abundant *S. boulardii* (Pharmadentsupply.com)
10. Reinforce probing consistency and that the periodontal chart is the backbone for the assessment and reveals the presence of active or stable disease. Reinforce that earlier disease identification and stabilization is the new goal in periodontal disease management.

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