

Treat  
disease.  
Manage  
risk.  
Protect  
yourself.

CTx™

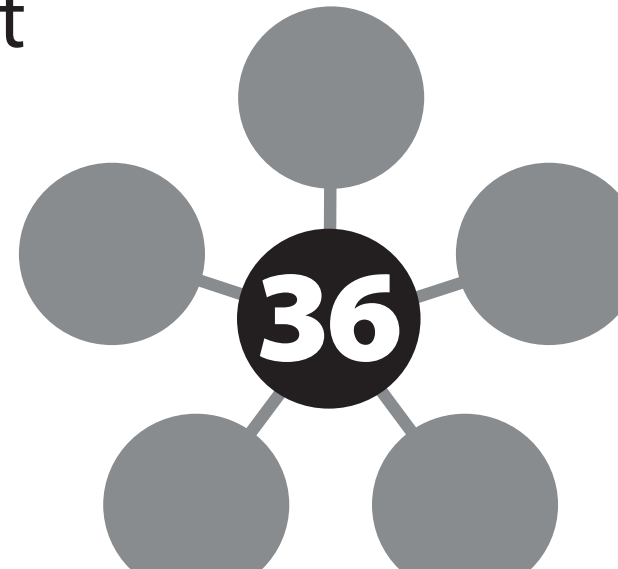
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Call your dentist for a refill  
or shop for similar products online!

[www.carifree.com](http://www.carifree.com)

[www.carifree.com](http://www.carifree.com)

CTx<sup>TM</sup>36  
Kit



## PRODUCT INSTRUCTIONS



### Rinse first

#### CTx4 Treatment Rinse

- ▶ Use twice daily until product is gone
- ▶ Mix 5 mL of Solution A with 5 mL of Solution B in the provided mixing cup
- ▶ Swish for 60 seconds

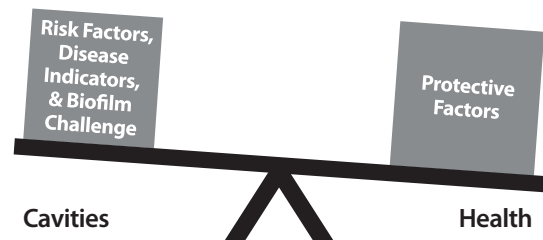
### Brush second

#### CTx4 Gel 5000

- ▶ Replaces current toothpaste
- ▶ Brush twice daily with a pea-sized amount until product is gone
- ▶ Avoid eating or drinking for 30 minutes after use

*The boxes and bottles within this kit are labeled for individual sale, so you will notice different instructions when compared to this insert. Please follow these kit instructions for best results.*

## WHAT CAN I EXPECT?



The balance above demonstrates how the relationship between a patient's risk and protective factors contribute to their overall risk for developing cavities. When prescribing treatment, the goal is to provide patients with the appropriate protective factors that will outweigh their level of risk.

Treatment time will vary (3–36 months) depending on what specific factors are contributing to your disease. While this process may require significant time and effort, the benefits are worthwhile when you take steps toward improving your health!

## WHAT ELSE CAN I DO?

Risk factors are important, as they are indicators of potential for future decay, and the modification of risk factors is an essential part of managing caries risk.

**Below is a list of common risk factors.**  
*It is important to be aware of the ones that may apply to you.*

- ▶ Noticeable plaque build-up
- ▶ Daily medications
- ▶ Drinking liquids other than water between meals
- ▶ Frequent snacking
- ▶ Compromised saliva
- ▶ Oral appliances/braces present
- ▶ Diabetes
- ▶ Acid reflux
- ▶ Sjogren's Syndrome
- ▶ Tobacco use
- ▶ Bulimia
- ▶ Head and neck radiation therapy

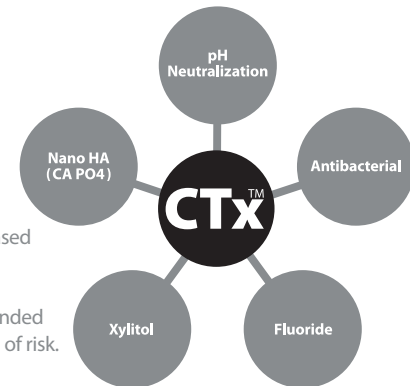
## HOW TO USE THE CTx GUIDE

**This CTx Guide provides a standard way to assess anti-cavity products based on their contents.**

**There are five treatment agents commonly prescribed for managing the disease that causes cavities:**

- ▶ pH Neutralization
- ▶ Antibacterial
- ▶ Fluoride
- ▶ Xylitol
- ▶ HA Nano

Each individual CariFree product is given a score based on the number of agents they contain. Your dental professional has recommended this kit based on your level of risk.



## KEEP IN MIND...

All types and brands of medicated dental products have limited risk of potential side effects.

Get emergency medical help if you have any of these signs of an allergic reaction: hives; difficulty breathing; swelling of your face, lips, tongue, or throat.

**Some of the potential side effects of medicated dental products are:**

- ▶ Changes in taste sensation
- ▶ Tartar buildup on the teeth
- ▶ Burning sensation
- ▶ Drying of mouth tissue
- ▶ Mouth and tongue irritation, numbness or soreness
- ▶ Surface staining of teeth and/or dental restorations

This is not a complete list of side effects and others may occur. Most side effects subside with use, but discontinue use and call your dental professional for medical advice if you are experiencing concerning side effects.