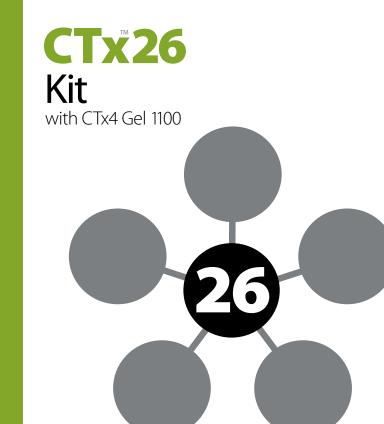
Treat disease.
Manage risk.
Protect yourself.

**CTx**<sup>™</sup>

Call your dentist for a refill or shop for similar products online! www.carifree.com

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#### **PRODUCT INSTRUCTIONS**

# Rinse fir start with Treatment Rinse





## Rinse first

#### CTx4 Treatment Rinse

- Use twice daily until product is gone
- Mix 5 mL of Solution A with 5 mL of Solution B in the provided mixing cup
- Swish for 60 seconds

## when the CTx4 Treatment Rinse is gone, switch to rinsing with CTx3 Rinse

- Use twice daily until product is gone
- Swish for 60 seconds with 10 mL

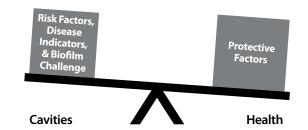
#### **Brush second**

#### CTx4 Gel 1100

- ▶ Replaces current toothpaste
- Brush twice daily with a pea-sized amount until product is gone
- Avoid eating or drinking for 30 minutes after use

The boxes and bottles within this kit are labeled for individual sale, so you will notice different instructions when compared to this insert. Please follow these kit instructions for best results.

#### **WHAT CAN I EXPECT?**



The balance above demonstrates how the relationship between a patients risk and protective factors contribute to their overall risk for developing cavities. When prescribing treatment, the goal is to provide patients with the appropriate protective factors that will outweigh their level of risk.

Treatment time will vary (3 – 36 months) depending on what specific factors are contributing to your disease. While this process may require significant time and effort, the benefits are worthwhile when you take steps toward improving your health!

Risk factors are important, as they are indicators of potential for future decay, and the modification of risk factors is an essential part of managing caries risk.

#### Below is a list of common risk factors.

It is important to be aware of the ones that may apply to you.

WHAT ELSE CAN I DO?

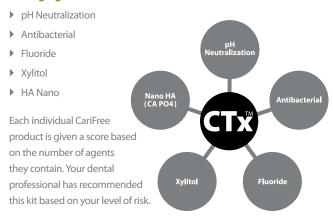
- Noticeable plaque build-up
- Daily medications
- Drinking liquids other than water between meals
- Frequent snacking
- Compromised saliva
- Oral appliances/braces present
- Diabetes
- Acid reflux
- Sjogren's Syndrome
- ▶ Tobacco use
- Bulimia
- Head and neck radiation therapy

## This CTx Guide provides a standard way to assess

anti-cavity products based on their contents.

HOW TO USE THE CTx GUIDE

There are five treatment agents commonly prescribed for managing the disease that causes cavities:



### KEEP IN MIND...

All types and brands of medicated dental products have limited risk of potential side effects.

Get emergency medical help if you have any of these signs of an allergic reaction: hives; difficulty breathing; swelling of your face, lips, tongue, or throat.

## Some of the potential side effects of medicated dental products are:

- Changes in taste sensation
- Tartar buildup on the teeth
- Burning sensation
- Drying of mouth tissue
- ▶ Mouth and tongue irritation, numbness or soreness
- Surface staining of teeth and/or dental restorations

This is not a complete list of side effects and others may occur. Most side effects subside with use, but discontinue use and call your dental professional for medical advice if you are experiencing concerning side effects.